



ANNUAL REPORT 2018

A Tradition of Caring

A MESSAGE FROM SISTER MARY BADER



Frequently as I wander through St. Ann's, I hear the words, "thank you." Sometimes they are uttered softly, other times bursting with enthusiasm.

I hear...

...a student thanking her teacher for helping her prepare for the math portion of her GED exam.

...a mom thanking a childcare teacher for her kindness to her daughter who had trouble separating from her as she adjusted to her new surroundings.

...a child thanking the receptionist for letting him choose a treat from the office candy jar.

...a tearful mom thanking her case worker for helping her through a tough experience.

...an anxious, young mother-to-be thanking a staff member for her reassurance.

...a group of moms thanking a volunteer accountant for helping them file their tax returns.

You, St. Ann's friends, donors, volunteers make it possible for our families to give thanks. You will find the impact of your generosity reflected in the pages of St. Ann's Annual Report 2018. Through your gifts of talent, time, treasure and prayers, you work with us to empower and strengthen young families as they journey to wholeness and independence.

With heartfelt gratitude, I thank you! Know, too, that I remember you in my prayers each day, thanking God for the many good people who spark St. Ann's mission.

Blessings,

Sister Mary Bader
CEO

OUR MISSION, VISION and VALUES

Mission

St. Ann's Center for Children, Youth and Families strengthens and supports families on their journey toward stability. Inspired by Catholic social teaching and Gospel values, St. Ann's Center provides a nurturing community where families heal from the past, overcome barriers, and take hold of their future.

Vision

St. Ann's Center is a leader in innovative services to women, children and families.

Values

St. Ann's Center is committed to providing care that is safe, nurturing, healing, empowering, and strength-based, where all are served with compassion, dignity and respect.



Because of you...

St. Ann's mission continues for almost 160 years. Our mission comes to life each time an expectant mother or a mother and child walk through our doors. It is from that moment we ensure that every family receives the support and care that they need while on their journey to plan and create a future full of hope and opportunity.

Through your generosity, advocacy, engagement, and volunteerism we are able to provide the nurturing community where families can thrive and become empowered.

It is with much gratitude that we present this Annual Report to you.



Because of You



98

**MOTHERS and
CHILDREN**

called St. Ann's
home

85%

OF FAMILIES

moved on to live
independently

9

INFANTS

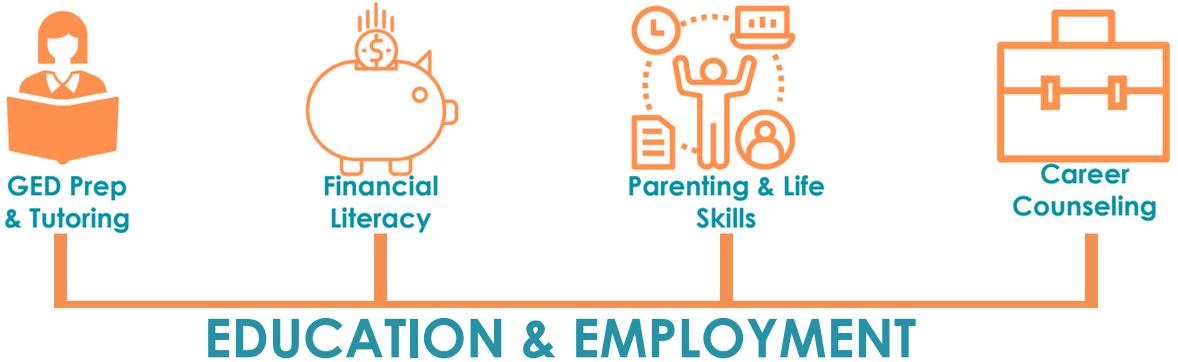
were born
healthy

100%

OF INFANTS

reached their
developmental
milestones

Overview of St. Ann's Center Services



HOUSING PROGRAMS

St. Ann's Center operates three supportive housing programs that provide for the needs of vulnerable young moms and their children - Grace House, Hope House and Faith House. In addition to housing, the families have access to wrap-around services designed to address immediate safety needs and lay a solid foundation for lifelong independence.

TEEN MOTHER & BABY PROGRAM

GRACE HOUSE



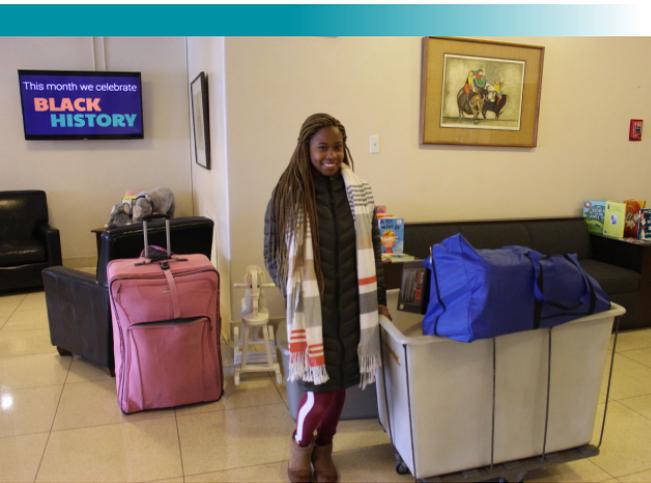
During the first year of a child's life, the bond between parent and child is developed and strengthened in a caring and nurturing environment.

For over **three decades**, hundreds of young pregnant and parenting teens have received support from St. Ann's. Our staff provides Grace House clients with structure and guidance as they sort through their life decisions, develop new skills, and begin taking crucial steps to ensure the welfare of their children and the future of their young family.



TRANSITIONAL HOUSING PROGRAM

HOPE HOUSE and FAITH HOUSE



Tori successfully transitioned into permanent housing. She now lives in an apartment with another mother who also lived at St. Ann's .

In FY2018, St. Ann's received 560 inquiries from young mothers seeking housing and services. St. Ann's was only able to provide for a small number of those requesting housing assistance: 17 teen moms, 31 transitional housing mothers and a total of 50 children.

Housing instability for a single mother in her 20's can cause both emotional and physical harm to both her and her child. Because of you, our Transitional Housing program provided support services for **98** homeless young mothers and their children. Approximately **85** percent of the families transitioned successfully into stable and strong housing.

“ I had unreliable jobs and couch surfed for months before I got to St. Ann's. I thought I was never going to be able to provide a stable home for my son. I am now closer to my goal of finding an apartment.

-Brittany, St. Ann's Resident* ”

*Shortly before this went to print, Brittany and her son moved into their own two bedroom apartment.



Meet Janeika

When Janeika moved to St. Ann's in July, she was a mother to a toddler and pregnant with her second child. Feeling lost and unsupported, she questioned how she was going to care for her soon to be growing family.

"I felt like I was spiraling and didn't have control over my life."

Through faithful participation in St. Ann's programming, Janeika has embraced every opportunity offered to her. Now parenting her two children, Janeika attends daily GED Prep classes at St. Ann's while her son attends a school for children with special needs. Janeika has dreams of opening a hair and beauty salon. She is already gaining hands-on experience by designing and crafting wigs and styling other residents' hair. Her work is receiving rave reviews!

"I'm working on obtaining my GED and starting my own business. Since moving to St. Ann's, I have more balance."

CLINICAL & SOCIAL WORK SERVICES

St. Ann's recognizes the growing, multi-faceted challenges many of our mothers have faced since childhood. A comprehensive treatment plan is created for each family under the guidance of the Clinical and Social Work Services team. The plan is designed to address the unique complexities involving each young mother's personal situation. St. Ann's provides trauma-informed, strength-based, reflective functioning services to our families.

Our Clinical and Social Work Services offers assistance based on the challenges and needs of our families. The services include individual counseling, groups, service plan goals, and reflective parenting - all delivered with compassion, dignity, and respect. Our goal is to provide opportunities for young mothers to explore their interests, express themselves, and thrive.





Meet Karen

“Working with the families here I’ve witnessed not just the children growing but their mothers as well.”

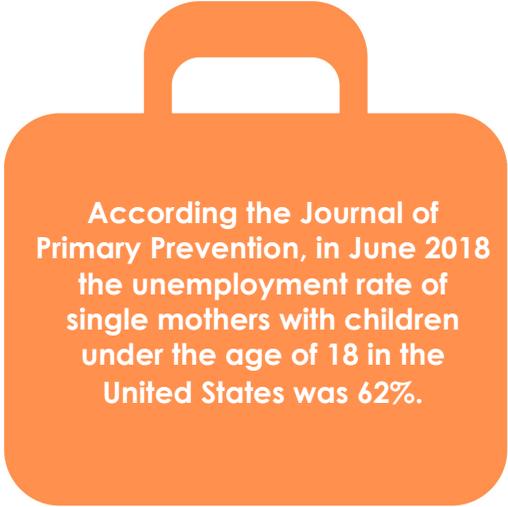
For over 25 years, Karen Konar has greeted every new child under the age of 5 to St. Ann’s with arms open wide and a welcoming smile. As a pediatric physical therapist, Karen performs a physical development assessment of each child to ensure that appropriate developmental milestones are reached. When concerns arise, Karen offers on-site physical therapy to the child.

Karen engages the child’s mother as a partner in providing care. Each mother is taught how to assist her child as they continue to develop. Eventually, the mother becomes the primary provider of care for her child. Thanks to Karen, all children leave St. Ann’s developmentally stronger and meeting the milestones for their age.

“I love working with the moms and seeing them successfully use my resources to ensure that their babies are healthy and meeting their goals.”

EDUCATION & EMPLOYMENT PROGRAM

The Education and Employment Program is critical in helping young families overcome the barriers to academic success and entering the workforce. Our program's focus isn't merely "finding a job" but developing a personalized, long term career strategy for our residents.



“
I'm working on my GED and math is a difficult subject for me so once a week I have a tutoring session at the Education Center.
”
-St. Ann's Resident

15

Life Skills subject areas were available for St. Ann's mothers. The topics range from Financial Literacy to Street Law.

93%
OF MOTHERS

obtained employment within three months.

Because of You

PROGRAM HIGHLIGHTS

CAREER-CENTERED COUNSELING

Our Employment Counselor supports clients in their career goals. Each young mother receives one-on-one career counseling, educational workshops, resume writing assistance, mock interviews, and job etiquette guidance.

GED PREP & TUTORING

In our on-site Education Center, pregnant and parenting young women have the opportunity to receive tutoring, GED preparation courses and work experience through internships.

LIFE & PARENTING SKILLS

Every family served in our housing programs is supported by daily mentoring and weekly life skills classes. The life skills include parenting, nutrition, financial literacy, and home management; the classes are taught by volunteers who are professionals with expertise in different fields. We work closely with our mothers to encourage them in making healthy decisions for themselves and their young family.



CHILD CARE CENTER

For more than 35 years, St. Ann's has offered high quality and safe child care to residents and neighborhood families. This program has proven to be a blessing to working families and especially so to homeless mothers and children.

The Center's new Early Head Start program for infants and toddlers helps address the gap of young families in need of early childhood education programming.

Activities and resources available through Early Head Start strengthen our two-generation approach to education and allow the children to develop at their own pace. This maximizes the chance for success when children enter kindergarten.

Indoor and Outdoor Play Areas

Hands on Science Activities

Health and Fitness Program

Music, Arts and Crafts

Parent Learning and Support

Dedicated, Experienced Staff

Year-Round Program

Play-Centered Learning

Foster Grandparent Program

License #33020

WHAT WE OFFER



There is an overall shortage of affordable child care in the U.S. That shortage can be an insurmountable challenge when families are homeless and parents are unemployed.

INFANT & TODDLER PROGRAM

(ages 2 months to 2 years)

Caring for infants and toddlers has been at the heart of St. Ann's mission since its founding. The babies and toddlers entrusted to us receive individualized care to meet each child's needs allowing them time to develop at their own pace in a loving environment.

Through the Center's Early Head Start Program we service low-income families with very young children and provide family-centered programming tailored to the unique needs of infants and toddlers. This developmentally rich caregiving prepares the children for continued growth and sets them on a path to success in school and life. Early Head Start also supports parents in their role as primary caregivers and teachers of their children.

PRESCHOOL PROGRAM

(ages 3 to 4 years)

During the last two years here at St. Ann's the children are prepared for transition to Kindergarten. They build the confidence and self-esteem needed to reach their full potential. They leave our care with the tools necessary for a lifetime of academic success.



85

infants and children experienced a caring and rich learning environment.



Meet Trudy

For more than 50 years, once a week, Trudy Conrad has passed through St. Ann's doors ready to assist staff and residents in any capacity needed. On some evenings, Trudy can be found hosting a spirited "Family BINGO Night." During the Christmas season, it is not unusual to find her sorting donated children's clothing, linens, and towels and preparing them for distribution to our families. Once a month, Trudy is tapped to sort fresh groceries for distribution to each family in residence. She is always ready to pitch in anywhere a need arises at St. Ann's. In whatever capacity she is asked to serve, we can count on Trudy to do so in an unassuming and gentle manner. We are blessed and grateful for Trudy and everything she does for our residents.

407

volunteers

7,780

volunteer hours

VALUE \$222,897.00

Because of You

406 Individuals

received food, clothing, diapers, toiletries, household items and toys through St. Ann's community outreach.



Because of You

Through targeted outreach we have been able to work with and assist our Spanish speaking community members. St. Ann's offers English as a Second Language (ESL) classes to non-English speaking women in the community. In addition, other community members have access to some of St. Ann's support services as well as material goods.

Keeping up with St. Ann's



Staff celebrate St. Ann's re-accreditation with the Council on Accreditation (COA).



BIOGEN Volunteers applying fresh coats of paint on the playground as part of Care Deeply Volunteer Day.



Friends of St. Ann's celebrate at the annual Fall Celebration at The Irish Inn at Glen Echo.



Maryland Family Network supports St. Ann's as part of their Back to School giving event.



St. Ann's Young Professionals at a Washington Nationals game.



Order of Malta Volunteers after painting and preparing private rooms for new families.



St. Ann's Board President, Tonya Sharpe and young St. Ann's philanthropists Miguel Coppage and Jake Garner at Tonya's annual auction benefiting St. Ann's.



Deloitte volunteers at St. Ann's for Impact Day after hosting workshops for mothers.



Krystelle, a St. Ann's mother, shares her story at the annual Christmas Open House.



Safe Sleep Seminar where mothers learn safest sleep techniques for their babies.



Hope Blossoms honorees, hosts, and guests - Tonya Sharpe, Sister Mary Bader, Marielsa A. Bernard, Neil Cullen, Chuck Short, Kevin Sheehan, Aimatou Sallah, and Trish Cullen.



St. Ann's staff and board member Kelli Stonework after completing Delta Sigma Theta 5K benefiting St. Ann's.

ST. ANN'S LEADERSHIP

Our work would not be possible without the dedication of our staff and the stewardship of our Board of Directors.

STAFF LEADERSHIP

Sister Mary Bader, DC
Chief Executive Officer

Kevin Feltz
Vice President of Finance and Administration

Shaneen Alvarez
Director, Clinical and Social Work Services

Beth Fromm
Vice President of Development

Jeanette Chittams
Director, Residential Programs

Peggy Howard Gatewood
*Administrator of Contracts, Licensing
& Special Projects*

Louise Cole
Director, Human Resources

Amy Rice
Vice President of Programs

Barbara Dubik
Director, Child Care Center

BOARD OF DIRECTORS

FY2018 (July 2017 to June 2018)

Tonya Sharpe, President

Michael T. Flynn, Vice-President/Treasurer

Mary Butler Armstead, Secretary

Gabriel I. Albornoz

John Magnolia

James A. Walker

Elise Ambrose

Mary McCormick

Monique Anderson Walker

Lynda M. Anderson

Barbara Ann Kelly Myers

Nicole Whiteman, Esq.

Charles Asmar, Esq.

Elizabeth Perkins

Colleen Williams

Jane Kammer (Kammie) Bell

Vernon Pizzi

Shawn Yancy

G. Thomas Borger

Deborah M. Royster, Esq.

Mary Dee Clancy

Cynthia W. Singleton

Sister Ann Patrick Conrad, PhD

Kelli Stonework

We've been Re-Accredited!

We are proud to announce that St. Ann's has achieved re-accreditation through the Council on Accreditation (COA).

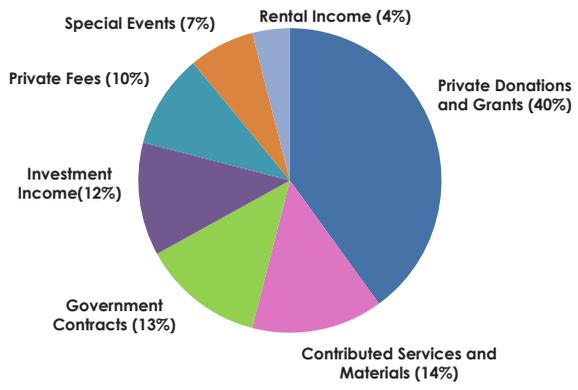
COA accreditation means that our organization's programs, services, administration, and management have been rigorously evaluated and meet best practice standards.

We would not have been able to reach this important milestone without the encouragement of our Board of Directors, the tireless work of our staff, and the support of our many friends.

FINANCIAL SUMMARY

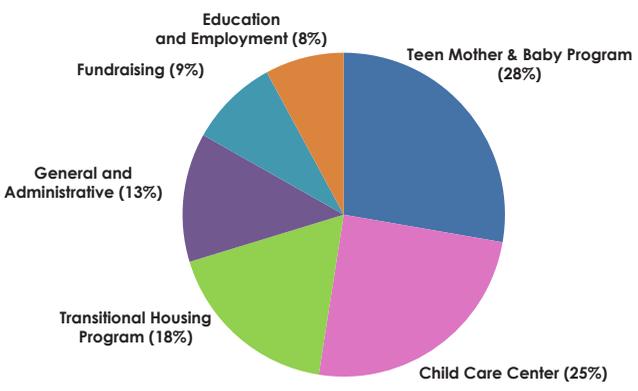
REVENUE FY2018

Private Donations and Grants	\$2,029,662	40%
Contributed Services and Materials	\$708,000	14%
Government Contracts	\$670,517	13%
Investment Income	\$600,738	12%
Private Fees	\$521,267	10%
Special Events	\$363,670	7%
Rental Income	\$58,508	4%
Total Revenue	\$5,073,694	100%



EXPENSES FY2018

Teen Mother & Baby Program	\$1,289,543	28%
Child Care Center	\$1,139,446	25%
Transitional Housing Program	\$826,870	18%
General and Administrative	\$586,475	13%
Fundraising	\$423,342	9%
Education and Employment	\$361,286	8%
Total Expenses	\$4,626,962	100%



NOTE: This financial information is contained in a full set of audited financial statements, prepared by Gelman, Rosenberg & Freedman Certified Public Accountants. Copies of the completed audit can be obtained from St. Ann's administrative offices (4901 Eastern Avenue, Hyattsville, MD 20782)