

A Tradition of Caring

— 2013 ANNUAL REPORT —



St. Ann's Center for Children, Youth and Families

We've been Accredited!



We are proud to announce that St. Ann's has achieved accreditation through the Council on Accreditation (COA).

COA accreditation means that our organization's programs, services, administration, and management have been rigorously evaluated and meet best practice standards.

We would not have been able to reach this important milestone without the encouragement of our Board of Directors, the tireless work of our staff, and the support of our many friends.

Congratulations, St. Ann's!

A handwritten signature in blue ink, appearing to read 'Chuck Short'.

Chuck Short

St. Ann's Center for Children, Youth and Families

FY2013 Annual Report

4901 Eastern Avenue • Hyattsville, MD • 20782

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To read previous issues, visit our website: www.stanns.org

Dear Friend,

When I imagine St. Ann's history book, each chapter starts with the opening of a door.

The first chapter begins with the soft creak of two heavy wood doors welcoming the Daughters of Charity to the place they would transform into our region's first foundling home. A few years later, a second door is held open as a young woman—pregnant, alone and frightened—is shepherded into St. Ann's maternity program.



I can think of countless others that could follow: the swinging gate to the backyard of our Berwyn summer home, where children and mothers found refuge from the DC heat; the back door that leads to the Child Care Center playground, where children laugh, discover, run and play; the garland-lined door to our first Christmas Party, which bustles with good cheer from our guests and friends.

This past year, we started a new chapter in St. Ann's history book when we opened the doors to Hope House, a place where young families can begin to heal from the trauma of homelessness. In February 2014, St. Ann's obtained accreditation from the Council on Accreditation. This important validation of our organization will open doors to new funding opportunities and partnerships.

Still, the chapters I most look forward to reading will begin with the doors that our clients will open for themselves.

Because of your continuing support and generosity, the young families in St. Ann's care will be able to start their next chapter with confidence, strength and optimism about new opportunities that await them. On their behalf, I thank you.

Blessings,

A handwritten signature in blue ink that reads "Sister Mary Bader". The script is fluid and cursive.

Sister Mary Bader

Supportive & Transitional Housing Program

In 1996, St. Ann's established our first Supportive and Transitional Housing residence, **Faith House**, to address the critical need for affordable housing for homeless and at-risk, single-mother families.

The families living in Faith House and our newly-opened **Hope House** receive resources and support to help them make a successful transition to financial independence and self-sufficiency.



Spotlight on Family Homelessness

*There is a new face of homelessness in our community:
young families with children.*

- Families make up 54% of the homeless population in the District of Columbia.
- In Prince George's County, 10% of children under the age of 5 are living below the poverty line.
- In 2012, 1,800 children experienced homelessness in DC.
- In 2012, 40% of homeless young parents surveyed reported that they'd dropped out of their high school or GED program.

Our continuum of care includes the following onsite services:

Child Care Center • Life Skills Classes • Parenting Education
Supportive Counseling • Case Management
Financial Literacy Education • Employment Counseling

During Fiscal Year 2013 (from July 1, 2012 to June 30, 2013), we provided care to 12 Faith House families, including 12 young mothers and 12 children. During that time:

- 80% of Faith House mothers found employment or enrolled in college
- All families created and maintained a budget
- All families saved at least 3% of income
- All mothers demonstrated good parenting skills
- Two families transitioned successfully to independent living



Welcoming Young Families to Hope House

In December 2013, St. Ann's opened **Hope House**, an expansion of our supportive and transitional housing program.

Housed in two wings of our first floor—newly renovated, thanks to the generosity of Chesapeake Finishing, Inc.—Hope House enables us to serve up to eleven additional homeless young families.

Our Hope House residents will benefit from the same continuum of care that has helped countless Faith House families find the path to hope, stability and self-sufficiency.



Hope House residents live in single-room units with shared living spaces.



New floors, cabinets, countertops & paint show a fresh look in the remodeled Hope House kitchens.

Teen Mother-Baby Program

For over 30 years, St. Ann's has provided residential care and supportive services to pregnant and parenting teens, ages 13 to 21, and their infants in our Teen Mother-Baby Program.

Adolescent mothers are often at higher risk of pregnancy complications, including premature and low-birth weight delivery. In **Grace House**, expectant mothers receive comprehensive prenatal care to ensure a healthy delivery.

Our staff helps our Grace House clients properly care for themselves and their children, make progress in their education, and improve their employment prospects upon exit from the program.

During FY 2013, we served 28 pregnant or parenting adolescent mothers and 19 babies. While in our care, seven infants were born at healthy birth weights; one infant was born prematurely.



Program Highlights

Our staff provides the Teen Mother-Baby Program clients with structure and guidance to help them to sort through their life options, develop new skills, and begin making decisions about the welfare of their infant.

Some highlights of this program include:

Health Care

Regardless of the stage in her pregnancy or parenthood, every young mother who enters our program receives on-site nursing care, 1-on-1 assistance with newborn care, and top-class prenatal and post-partum health care from our partners, Providence Hospital and Fort Lincoln Family Medicine Center.

Parenting Support

An important goal of the Teen Mother-Baby Program is to lay the foundation for successful parenting. To ensure that our clients become well prepared and feel supported as new mothers, our staff provides daily assistance and weekly skills classes.

Social Services

Nearly every young mother who enters St. Ann's has been a victim of abuse, neglect or abandonment. In order to meet her unique needs, we offer each resident mental health counseling. Our licensed social workers work with the clients to create a comprehensive personal development plan to help them heal and strengthen.

Education & Employment

Our residents have the opportunity to continue their education in our on-site, state approved high school and begin planning for their future career.

Pregnant & Parenting in High School

When Ms. Swain greets her students at the door of St. Ann's High School each morning, she knows that they are already exhausted.

"Every day is a challenge," she explains, "just physically getting up in the morning is difficult for a new mother or pregnant young woman."

As their peers are rolling out of bed and onto a school bus, St. Ann's students have already been up for hours, feeding and dressing their infants, preparing their toddlers for day care, or dealing with morning sickness.

Valerie Swain, Principal of St. Ann's High School, has welcomed countless pregnant and parenting young women into her classrooms. With the organization's staff, teachers and mentors, Ms. Swain helps young mothers regain a foothold on their education.

In recent years, Ms. Swain has noticed that the roadblocks to success facing her young students have grown and changed, as have their needs.

Today, many of the young women entering St. Ann's High School are unable to thrive in typical school settings. For some, particularly the runaway and homeless youth, it has been months or years since they have attended school. For others, an unplanned pregnancy caused them to fall behind in their education. "[Our students] come to us with very high truancy rates – sometimes 90 to 95%," explains Ms. Swain, "so, for them, just being back in a school setting can be a challenge."

To ease the students' transition back into school, Ms. Swain and the school's faculty have fostered an environment that allows for flexibility and choice. Class periods are shorter and broken up with stress-free activities. Students might spend 25 minutes preparing for a state examination, but during the next 25 minute block, they can choose to either read a book or work on creative writing.

Ms. Swain also recognizes that most of her students come to St. Ann's with deep histories of abuse, trauma and abandonment and are generally distrustful of authority figures.

"I hear my students repeat 'I don't trust people,' and I think, *how painful that must be.*" The faculty has found that when St. Ann's students feel that their academic needs are being heard by their teachers and that they are given choices that foster academic success, they become more invested in their education.

If a student is feeling overwhelmed or trapped, Ms. Swain allows her to take a few minutes to cool down in her room or meet with an on-site social worker or residential supervisor. Faculty can allow this flexibility in their curriculum because the class sizes are small – generally three to four students per teacher.

One young mother puts it simply: "Ms. Swain helps us take it all one day at a time."

"I admire them for meeting the challenge," Ms. Swain says.

In her own words...

A poem about the pain and joy of pregnancy, written by a resident of our Teen Mother-Baby Program.



I'm Pregnant

Stomach is growing,
Head is thumping,
Back is aching,
I'm pregnant.

Attitude with people,
Nauseous and picky,
I hate early mornings,
I'm pregnant.

Picking out names,
Going to appointments,
Always hungry,
I'm pregnant.

Baby-clothes shopping,
Smiling, and happy,
I'm having a girl,
I'm pregnant.

Education & Employment Program



In our **Education and Employment Program (EEP)**, we reduce the barriers to education and employment by providing pathways to academic and career advancement.

Our EEP is designed to assist each resident in building the foundation for a successful career and lifelong independence.

The adolescent mothers in our **Teen Mother-Baby Program** have the opportunity to attend our on-site, Maryland-approved high school. All eligible young women are also encouraged to obtain and sustain a summer internship.

The clients in our **Supportive and Transitional Housing Program**, receive 1-on-1 assistance with their career development efforts, with a special emphasis on creating a long-term career strategy.

Growing to Meet Our Clients' Needs

In March 2013, we hired our first **Employment Counselor** and began expanding the job counseling services available to our residents on-site.

Each client now receives individualized career counseling, resume writing assistance, interview and job etiquette guidance, and employment readiness training.

Our Employment Counselor partners with local businesses, nonprofits, job-training programs, and academic institutions to provide a wide range of resources for our clients.

A Look Back on our Year

...in pictures!



A St. Ann's High School student works on an art project.



Ms. Swain, HS Principal, shows off the new SmartBoard technology.



Two clients work on school projects in the Media Center.

At St. Ann's, we celebrate all successes - big and small - because we believe that each success is a step toward greater self-confidence and independence.

In Fiscal Year 2013:

- 91% of clients enrolled in our education program at the end of the academic year **advanced in grade level**
- One young mother **passed the GED examination** and enrolled at Prince George's County Community College
- One young mother **graduated from St. Ann's High School** and enrolled at Montgomery College
- All eligible residents of the Teen Mother-Baby Program **obtained employment or volunteer opportunities** during the summer

Child Care Center

St. Ann's Child Care Center offers affordable child care for infants, toddlers, and pre-school children (ages two months through four years) from our local community as well as the children in residence at St. Ann's.

In Fiscal Year 2013, the Center served 31 children in the Infant/Toddler Program and 35 children in the Preschool Program. All Teachers participated in the Maryland State Credentialing Program.

Did you know?

*The average cost of child care for an infant in Prince George's County is \$13,055 per year—**over 35%** of the median income for a single mother family.*

Core Components

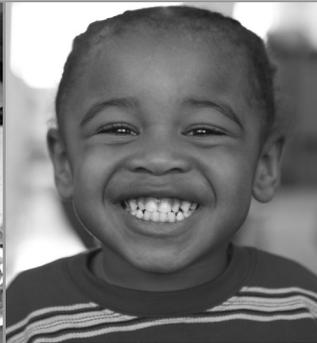
Strong Social & Emotional Foundation

Offer a Variety of Experiences

Focus on All Areas of Development

Use Play as an Enriching Experience

Capitalize on Children's Natural Curiosity





Serving our Community

The Child Care Center makes a special effort to assist low-income, single-parent families and families in crisis, ensuring that their children have developmentally appropriate child care and are prepared for the important transition to school.

St. Ann's offers scholarships to low-income families on a case-by-case basis and accepts Prince George's County child care vouchers.

We also specialize in providing quality care for at-risk children and children with special needs such as speech and language delays, impaired motor skill development and cognitive challenges.



Statements of Financial Position

For the years ended June 30, 2013 and 2012

ASSETS	2013	2012
Current Assets:		
Cash and cash equivalents	\$484,637	\$1,126,572
Investments	\$5,579,310	\$4,798,507
Pledges receivable	\$262,260	\$69,677
Accrued interest receivable	\$5,615	\$7,379
Accounts receivable	\$65,959	\$290,788
Food inventory	\$5,916	\$7,927
Prepaid expenses	\$1,605	-
Property and equipment	\$3,019,642	\$3,177,878
Assets held in trust	\$267,132	\$245,021
TOTAL ASSETS	\$9,692,076	\$9,723,749
LIABILITIES & NET ASSETS	2013	2012
Liabilities:		
Accounts payable & other accrued expenses	\$113,836	\$71,364
Accrued payroll expenses	\$64,343	\$63,921
Accrued vacation benefits	\$121,698	\$137,137
Amounts due to annuitants under split interest agreements	-	\$1,815
Refundable advance	\$34,609	\$34,609
Other current liabilities	\$5,532	-
TOTAL LIABILITIES	\$340,018	\$308,846
NET ASSETS		
Unrestricted:		
Undesignated	\$896,598	\$1,228,550
Designated for long-term investment	\$5,581,345	\$5,581,345
Temporarily Restricted	\$2,874,115	\$2,605,008
TOTAL NET ASSETS	\$9,352,058	\$9,414,903
TOTAL LIABILITIES & NET ASSETS	\$9,692,076	\$9,723,749

Note: This financial information is contained in a full set of audited financial statements, prepared by Gelman, Rosenberg & Freedman Certified Public Accountants. Copies of the completed audit can be obtained from St. Ann' administrative offices (4901 Eastern Avenue, Hyattsville, MD 20782).

Statements of Activities

For the year ended June 30, 2013

REVENUE	2013	
	Amount	% of Total
Program Service Fees	\$1,434,403	29%
Contributions	\$2,158,889	44%
Investment Income	\$563,923	11%
Contributed Services and Materials	\$708,000	14%
Rental Income	\$45,498	0.9%
Other Revenue	\$23,061	0.5%
TOTAL REVENUE	<u>\$4,933,774</u>	

EXPENSES	2013	
	Amount	% of Total
Program Services		
Children's Residential	\$899,174	18%
Child Care Program	\$1,073,566	21%
Teen Mother-Baby	\$1,355,886	27%
Education & Employment Program	\$367,578	7%
Food Services	\$86,718	2%
Supportive/Transitional Housing	\$156,169	3%
TOTAL PROGRAM SERVICES	<u>\$3,939,091</u>	79%
Supporting Services		
General & Administrative	\$834,955	17%
Fundraising	\$222,573	4%
TOTAL SUPPORTING SERVICES	<u>\$1,057,528</u>	21%
TOTAL EXPENSES	<u>\$4,996,619</u>	
Changes in Net Assets	-\$62,845	
Net Assets in Beginning of Year	<u>\$9,414,903</u>	
NET ASSETS AT END OF YEAR	<u>\$9,352,058</u>	

LEADERSHIP

Sr. Mary Bader, DC
Chief Executive Officer

Barbara Dubik
Director, Child Care Center

Ben Lipovsky
Chief Financial Officer

Beth Ann Fromm
Director of Development

Jeanette Chittams
Director, Residential Programs

Peggy Howard Gatewood
Administrator of Contracts,

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FY2013 (July 2012 - June 2013)

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ST. ANN'S CENTER FOR CHILDREN, YOUTH AND FAMILIES

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