



St. Ann's Center for Children, Youth & Families

# ANNUAL REPORT 2016

A Tradition of Caring



## OUR MISSION

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St. Ann's Center for Children, Youth and Families strengthens and supports families on their journey toward stability. Inspired by Catholic social teaching and Gospel values, St. Ann's Center provides a nurturing community where families heal from the past, overcome barriers, and take hold of their future.

## OUR VISION

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St. Ann's Center is a leader in innovative services to women, children, and families.

## OUR VALUES

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St. Ann's is committed to care that is safe, nurturing, healing, empowering, and strength-based and where all are served with compassion, dignity, and respect.

***(To read more about St. Ann's values, see pages 4-5.)***

### ST. ANN'S CENTER FOR CHILDREN, YOUTH & FAMILIES FY 2016 Annual Report

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Hyattsville, MD 20782

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To read previous issues, visit our website: [www.stanns.org](http://www.stanns.org)

# A MESSAGE FROM SR. MARY BADER

Dear Friends,

Whenever I find a stumbling block in my life or work, I reflect on the words of St. Vincent de Paul, founder of the Daughters of Charity: "Love is creative even to infinity."

For me, the Vincentian spirit calls on us to be inventive and compassionate in our work. It challenges us to always respond to new forms of poverty, suffering, and pain in our community.

At St. Ann's, I work alongside incredible women and men who, like St. Vincent, are innovative, tireless, and unceasingly compassionate. Because of their creativity, St. Ann's has always been able to meet new challenges.

This year, when our staff identified that our young mothers and their children needed care for their mental, emotional and behavioral health, we strengthened our Clinical and Social Work Services department and conceptualized a new Model of Care that has been recognized nationwide as a best practice.

And when our Child Care Center saw an opportunity to become an Early Head Start Program, we jumped at the chance to serve more families in need.

As I reflect on this past year and look ahead to the future, I am hopeful that the young women and children who will call St. Ann's home will continue to receive the best possible care. And I know that we simply could not do it without the creativity of our staff, the leadership of our Board of Directors, and the generous support of our community.

Blessings,



Sister Mary Bader



# OUR VALUES

In 2016 a collective of St. Ann's staff and stakeholders worked together to identify the core values that guide St. Ann's mission to serve our community's most vulnerable women and children.

## NURTURING

St. Ann's Center provides an environment that encourages and develops each individual resident and family at their own pace to grow in confidence, trust, self-esteem, and awareness. Our focus is to support each mother in nurturing the health and welfare of her children through education, group discussion, and mutual sharing.

## EMPOWERING

St. Ann's Center encourages residents in making decisions that reflect the best for themselves and the best interests for their children. We recognize that each person has a unique voice and that her choices are her own. We believe that strengthening each individual is a core element of everything we do.

## COMPASSION

St. Ann's Center promotes a greater understanding of each resident through unconditional positive regard which is demonstrated through listening, empathy, and trust; and by treating the challenges of every mother as if they were our own.



## SAFETY

St. Ann's Center provides a well-maintained and structured environment where staff and residents feel physically and psychologically safe; where interactions are positive and meaningful; and support is given that is free from judgment and harm.

## HEALING

St. Ann's Center is a trauma-informed agency with a focus on wellness of body, mind and spirit through proper healthcare, education and therapy; where all staff and residents are supportive of each other; where everyone can be therapeutic in their approach; where peer support and mutual respect are recognized and affirmed; and where everyone believes in resilience to heal and promote recovery.

## STRENGTH-BASED

St. Ann's Center believes each individual has her own talents, interests, hopes and dreams and that she can use these strengths to build a successful future for herself and her children.

## DIGNITY & RESPECT

St. Ann's Center believes there is an intrinsic value in every person. We acknowledge the differences in personality, culture, race, talents and beliefs. We celebrate the unique diversity and life experiences of each resident. While promoting healing and personal growth, we understand that each person's perspective is formed by past events and is worthy of respect.

# HOUSING PROGRAMS

St. Ann's Center operates three supportive housing programs for vulnerable young mothers and their children: Grace House, Hope House and Faith House.

In all three of these programs, residents have access to our wrap-around services designed to address a family's immediate safety needs and to lay the foundation for lifelong independence.

**On-Site High School**  
**Licensed Child Care**  
**Nursing Care**  
**Parenting Classes & Support**  
**Life Skills Training**  
**Employment Counseling**  
**Recreational & Cultural Outings**  
**Assistance with Newborn Care**  
**Individual & Family Counseling**  
**Mentoring**

**SUPPORT SERVICES**

## TEEN MOTHER & BABY PROGRAM

### GRACE HOUSE

In Grace House, located on the second floor of St. Ann's main building, pregnant and parenting young women are supported through their pregnancy and early motherhood.



**31**  
FAMILIES

served in Grace House, including 31 mothers and 28 children

**100%**  
OF INFANTS

received developmental assessments

**100%**  
OF MOTHERS

participated in life skills and parenting classes

**FY2016**

# TRANSITIONAL HOUSING PROGRAM

## HOPE HOUSE

Residents of St. Ann's Hope House program live in large, single-family units on the first floor of St. Ann's main building and share kitchens, bathrooms and common areas.



## FAITH HOUSE

Our Faith House program is housed in a stand-alone building on St. Ann's campus and includes eight private 1-bedroom apartments with shared kitchen and living areas.

**30**  
FAMILIES

served in Hope House and Faith House, including 30 mothers and 33 children

**67%**  
OF FAMILIES

remained in the program or successfully transitioned to permanent housing

**100%**  
OF FAMILIES

participated in life skills and parenting classes

FY2016

# CLINICAL & SOCIAL WORK SERVICES

We receive calls every day from young mothers in need of a safe and supportive place to begin their journey toward independence.

Many of our clients have experienced trauma, homelessness, neglect, and abuse.

Young mothers who have been traumatized may have a difficult time expressing their feelings and reflecting on the meaning of their behaviors.

Our clients' needs are increasingly complex, but our experienced staff delivers holistic care that addresses all aspects of a young family's development.

St. Ann's Clinical and Social Work Services Department provides clinical and therapeutic support to help our clients heal, thrive in motherhood, and achieve stability.



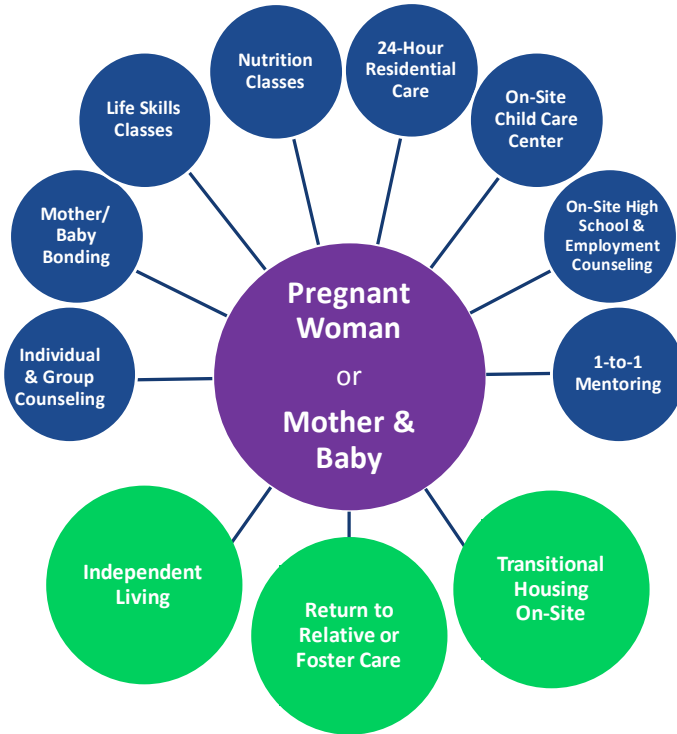
“ I am thankful for seeing another day, for being able to become a mother, for my education, for my family, and for everyone at St. Ann's who is helping me become the person that I am. ”

- A Grace House Resident



## ST. ANN'S MODEL OF CARE

In 2016, St. Ann's Center began implementing an institution-wide Model of Care to support our clients' mental, emotional and behavioral health. Conceptualized by our Clinical and Social Work Services department, this innovative approach helps residents and their families gain stability.



## VOLUNTEER SERVICES

St. Ann's families directly benefit from dedicated volunteers. Individuals and volunteer groups share their talents and support by working with our staff. Volunteers host social events, present Life Skills Classes, and care for children in the evening while mothers attend class. Volunteer mentors are matched with mothers to provide guidance and support.

2016

Average Number of Volunteers **400**

Service Hours Tracked **12,500**

# EDUCATION & EMPLOYMENT PROGRAM

St. Ann's Education & Employment Program helps young women overcome barriers to career mobility and success.

In our on-site, Maryland-approved high school, pregnant and parenting young women have the opportunity to continue their education, gain internship experience, and earn their high school diploma or GED.

Our Employment Counselor supports clients throughout their job search and provides ongoing career guidance.



**24**  
STUDENTS

attended high school or GED classes

**100%**  
OF STUDENTS

made progress in their education

**80%**  
OF RESIDENTS

obtained employment within three months

**100%**  
OF RESIDENTS

participated in financial literacy classes

FY2016

## PROGRAM HIGHLIGHTS



### SMALL CLASS SIZES

During a typical school year, St. Ann's High School has a 2:1 student-teacher ratio.

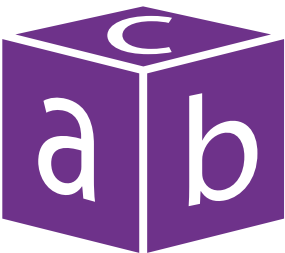
Small class sizes enable our faculty to provide individualized education to all students and foster an environment where students know that they are understood and supported.



### CAREER-CENTERED COUNSELING

Our Employment Counselor supports clients in their career development efforts by promoting the importance of a long-term career strategy.

Each young mother receives one-on-one career counseling, educational workshops, resume writing assistance, mock interviews and job etiquette guidance.



### ON-SITE CHILD CARE

While our clients are attending St. Ann's High School or at work, their child may attend St. Ann's on-site Child Care Center.

Knowing that their child is in safe and competent hands, enables our young mothers to focus on achieving their academic and career goals.

# CHILD CARE CENTER

License #33020

St. Ann's Child Care Center offers affordable child care for infants, toddlers and preschool children (ages two months to four years) from the community, as well as children living in St. Ann's housing programs.

We provide a consistent, creative and culturally aware environment that fosters the physical, cognitive, emotional and social development of every child.

All children are assessed monthly for developmental milestones.

**Indoor and Outdoor Play Areas**

**Hands-on Science Experiments**

**Computer Fun**

**Foreign Language (Spanish)**

**Health and Fitness Program**

**Music, Arts and Crafts**

**Sibling Discounts**

**Inter-Generational Activities**

**Dedicated, Experienced Staff**

**Parent Association**

**Year-Round Program**

**Play-Centered Learning**

**WHAT WE OFFER**



## INFANT & TODDLER PROGRAM

*(ages 2 months to 2 years)*

Infants and toddlers in our Child Care Center remain with the same caregiver for the first two years. This helps to develop a strong sense of security and fosters a positive learning environment.

## PRESCHOOL PROGRAM

*(ages 3 to 4 years)*

Children grow by leaps and bounds during their preschool years. By encouraging a child's natural curiosity, our teachers help students build self-esteem and prepare for a lifetime of success in school.

Total number of children served in  
the 2015-2016 school year.

**98**  
CHILDREN

FY2016



# ST. ANN'S LEADERSHIP

Our work would not be possible without the dedication of our staff and the stewardship of our Board of Directors.

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## STAFF LEADERSHIP

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Sister Mary Bader, DC  
*Chief Executive Officer*

Louise Cole  
*Director, Human Resources*

Beth Ann Fromm  
*Vice President of Development*

Barbara Dubik  
*Director, Child Care Center*

Amy Rice  
*Vice President of Programs*

Peggy Howard Gatewood  
*Administrator of Contracts, Licensing  
& Special Projects*

Shaneen Alvarez  
*Director, Clinical and Social Work  
Services*

Cynthia Blackwell  
*Principal, St. Ann's High School*

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## BOARD OF DIRECTORS

*FY2016 (July 2015 to June 2016)*

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Karen Hess, *President*

Steve Heidenberger, *Vice-President*

Mary Butler Armstead, *Secretary*

G. Thomas Borger, *Treasurer*

Gabriel I. Alborno

Elise Ambrose\*

Lynda M. Anderson

Jane Kammer (Kammie) Bell\*

Susan Cartney

Mary Dee Clancy

Sister Ann Patrick Conrad, PhD

Michael T. Flynn

Ann Heidenberger\*

Michael Holliday, MD

John Magnolia

Timothy F. Maloney, Esq.

Mary McCormick\*

Barbara Ann Kelly Myers

Christine Page

Elizabeth Perkins

Vernon Pizzi

Joseph L. Quinn

Deborah M. Royster, Esq.\*

Tonya Sharpe

Kelli Stonework

Susan M. Timoney, STD

James A. Walker

Monique Anderson Walker\*

Nicole Whiteman, Esq.

Colleen Williams\*

\* Signifies new Board Member for Fiscal Year 2017 (July 2016 to June 2017)

## EMERITUS MEMBERS OF THE BOARD

Elaine Baugham-Young

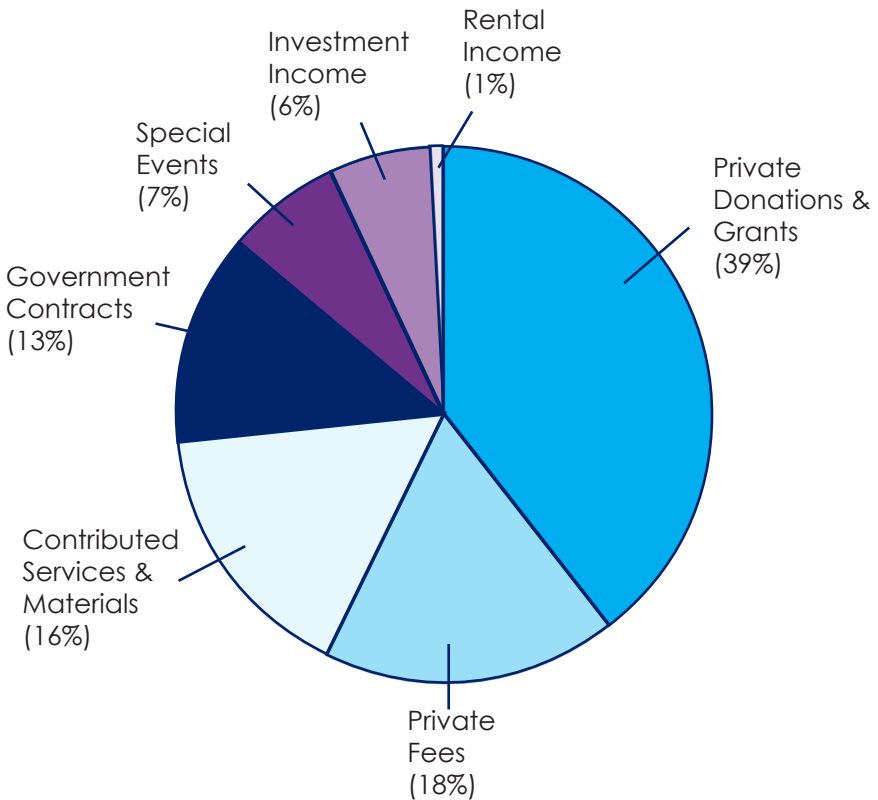
Mary Lou Kretschmer

Anne E. Schneiders, Esq.

# FINANCIAL SUMMARY

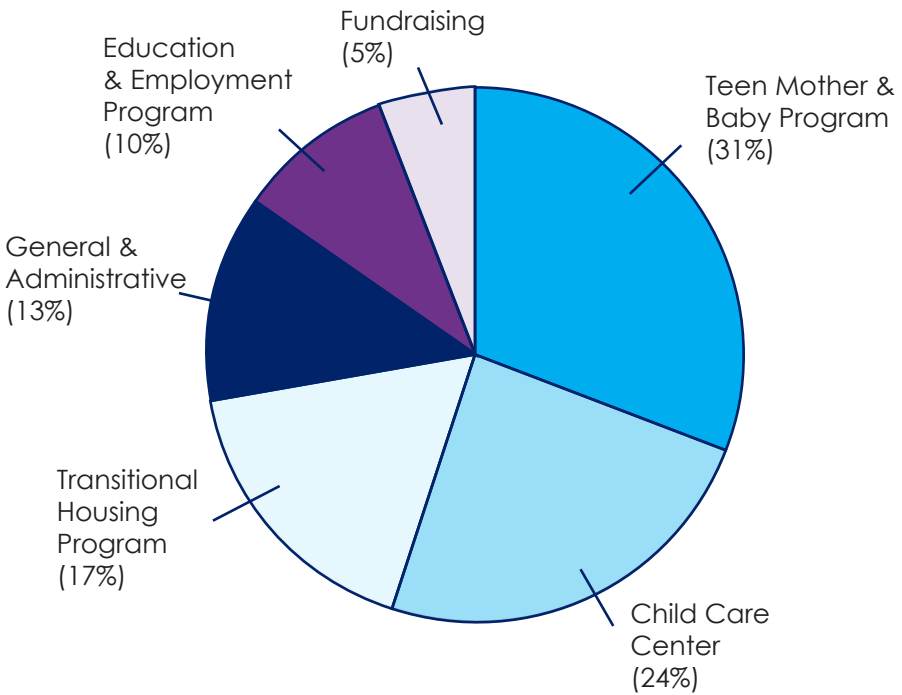
## REVENUE (FY2016)

	AMOUNT	% OF TOTAL
Private Donations & Grants	\$1,736,579	39%
Private Fees	\$781,579	18%
Contributed Services & Materials	\$708,000	16%
Government Contracts	\$569,332	13%
Special Events	\$300,293	7%
Investment Income	\$271,254	6%
Rental Income	\$27,185	1%
<b>TOTAL REVENUE</b>	<b>\$4,394,222</b>	



# EXPENSES (FY2016)

	AMOUNT	% OF TOTAL
Teen Mother & Baby Program	\$1,500,994	31%
Child Care Center	\$1,189,211	24%
Transitional Housing Program	\$826,875	17%
Education & Employment Program	\$464,350	10%
General & Administrative	\$615,046	13%
Fundraising	\$271,474	5%
<b>TOTAL REVENUE</b>	<b>\$4,867,950</b>	



NOTE: This financial information is contained in a full set of audited financial statements, prepared by Gelman, Rosenberg & Freedman Certified Public Accountants. Copies of the completed audit can be obtained from St. Ann's administrative offices (4901 Eastern Avenue, Hyattsville, MD 20782)



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