



ST. ANN'S CENTER FOR CHILDREN, YOUTH & FAMILIES



A tradition of caring since 1860

IN HER OWN WORDS

VIANELLY'S STORY

We arrived at St. Ann's in 2014, when my son Jeremiah was 3 months old and my daughter Ariana was 17 months old. We were placed in Grace House and I started attending St. Ann's High School two weeks after being admitted.

After I got settled into school and got focused on earning good grades, our principal, Ms. Swain, invited me to her office to talk about my career plans. I thought back to the first time I saw Ariana's picture on the ultrasound screen and told Ms. Swain that I wanted to create moments like that for other pregnant women.

I wanted to be an Ultrasound Technician.

I started working with Mr. Justin, the Education and Employment Counselor, to create my resume. Ms. Swain helped me put together a professional portfolio that included my high school report cards and academic awards. They also taught me some important skills that would help me succeed, like how to answer difficult interview questions and how to dress professionally.

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FROM THE DESK OF

SISTER MARY BADER

Dear Friends,

It has been a busy spring and summer here at St. Ann's Center. We have welcomed many new families into our housing programs, Faith House, Hope House and Grace House. As I write this letter, St. Ann's is home to 32 pregnant and parenting young women and 36 children.

Our talented staff continues to provide exceptional care in keeping with our Values Statement: St. Ann's is committed to care that is safe, nurturing, healing, empowering, and strength-based and where all are served with dignity and respect.

This summer, St. Ann's began implementing a new model of care that incorporates the principles of reflective parenting and trauma informed care. This innovative approach has already led to St. Ann's recognition as an industry leader in best practices. In October, Shaneen Alvarez (Director of Social Work Services) and Joy Kasset, PhD, who provides *pro-bono* case consultation and direct-care behavioral health services, will present St. Ann's model of care at the *Listening to Trauma: Insights and Action Conference* at George Washington University.

We are blessed with an active and engaged Board of Directors. In September we will welcome six new members: Elise Ambrose, Jane "Kammie" Bell, Ann Heidenberger, Mary McCormick, Deborah Royster and Monique Walker.

We have also said a few bittersweet goodbyes. In July, Sister Mary Clement retired to Emmitsburg after serving for 22 years as St. Ann's Nursing Supervisor and celebrating her 60th Jubilee as a Daughter of Charity. In August, we bid farewell to Ms. Valerie Swain, who has served as our Principal for 20 years and was the founding Director of St. Ann's Education and Employment Program.

I am thankful for the individuals, foundations and community partners who continue to support our mission. On behalf of the many families St. Ann's will care for this year, we thank you.



Sister Mary Bader



Tonya Sharpe, a member of St. Ann's Board of Directors, is originally from Rocky Mount, North Carolina. She started in the music industry in 1991 as the receptionist for Hardee's Walnut Creek Amphitheatre in Raleigh, North Carolina and worked her way up the career ladder to her current position of Regional Vice President of Premium Seats Sales for the Southeast. As of August 2016, Tonya will celebrate 26 years in the music business working for Live Nation. She loves her job and her Live Nation family.

TELL US ABOUT HOW YOU WERE FIRST INTRODUCED TO ST. ANN'S.

When I moved to Virginia I was looking for a place to partner with and raise money for people in need. Before I left North Carolina, I was working with the NC School of the Arts raising money for their scholarship program. Every artist that played at Walnut Creek was asked to sign an item for the auction. At the end of each year an auction was held and all proceeds were given to the school for scholarships.

It just so happens during a conversation with someone in our office one day I heard about St. Ann's and the incredible work they were doing at the time as an orphanage. There were a couple of people who worked at Cellar Door/Nissan Pavilion who were adopted from St. Ann's. I was very interested in learning more about St. Ann's and discussing my idea of the auction and donating the money to St. Ann's if their staff was open to working with a music venue.

The first auction was held at The Verizon Center and we raised \$25k and we have continued to work together over 13 years.

WHAT IS MOST REWARDING PART ABOUT BEING A MEMBER OF ST. ANN'S BOARD?

The most rewarding part about being a member of the St. Ann's Board is that I believe that I am helping to make a difference. It gives me the opportunity to educate people about St. Ann's and the tremendous work the staff does on a daily basis serving the community and helping mothers and children better their lives.

Being a member of the Board gives me a stronger connection to St. Ann's. I have a special place in my heart for the residents at St. Ann's and the dedicated staff. There is a quote that hangs in my home that says "Service is the Rent You Pay for Living." I do believe in using my life to serve others in need.

WHAT WAS THE BEST ADVICE YOU HAVE EVER RECEIVED?

Where do I begin with the best advice I have ever received? Here are a few words of wisdom that I incorporate into my life:

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WORKPLACE GIVING OPPORTUNITIES

St. Ann's Center is a proud participant in several local workplace giving campaigns.

To request a St. Ann's client or staff member to speak at your workplace, please contact:

*Mary Wadlinger
mary.wadlinger@stanns.org
(301) 559-5500 x147*



#8180



#1265



#29344

IN HER OWN WORDS | VIANELLY'S STORY



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When my portfolio and resume were ready, Ms. Swain introduced me to Ms. Smalls, a supervisor at Youth Professional Development (YPD). The program helps young parents in Prince George's County gain real-world work experience. In my interview I told her about

my dream to be an Ultrasound Technician.

Ms. Smalls placed me with the Radiology Department of Providence Hospital for the summer of 2015. My CT Scan Manager always made sure I was learning something new. He showed me how to set up the room for a patient, demonstrated how the CT Scanner worked, taught me how to read the X-ray images, and explained how they scan different parts of the body.

This summer, Ms. Smalls helped me find a position in Providence Hospital's Ultrasound Department. It was interesting to try out a different position and department. In Radiology, I mostly worked "behind-the-scenes" but in Ultrasound I spent more time greeting and speaking with patients. At the reception desk, I learned that being bilingual is valuable because I can communicate with Spanish-speaking patients.

At the end of my placement period in August, Providence Hospital offered me a part-time job to continue working in the Ultrasound Department! I learned that one of the managers in the hospital gave a recommendation for me. She said that I worked hard, caught on to new tasks quickly, and always acted professionally. It felt great to know that my hard work paid off.

Starting in September, I will attend St. Ann's High School in the morning and work at Providence in the afternoons. My children, Ariana and Jeremiah, will continue to attend St. Ann's on-site Child Care Center.

I have always loved working because it gives me something to rely on. It is such a relief to know that I can support my children and save for our future. The love that I get from my children makes it all worth it.

SNAPSHOTS FROM ST. ANN'S DAY



KEEPING UP WITH ST. ANN'S CENTER

Discover these stories and more on St. Ann's blog:

WWW.STANNS.ORG/BLOG

THERAPEUTIC FLOWER ARRANGING CLASSES FOR ST. ANN'S MOTHERS



VOLUNTEER SPOTLIGHT | TIFFANY

Tiffany Richardson has made service to others a lifelong commitment. When she isn't working full time as a Data Administrator at Holy Cross Hospital, Tiffany spends much of her free time volunteering.

“My mom instilled in me the importance of giving back,” Tiffany explains, “From the age of five or six she started bringing us to Martha’s Table to provide meals for the homeless at Christmas time. She always taught us to be grateful for what we had and to give our time in a way that will benefit others.”

In the evenings, while the young women of St. Ann’s supportive housing programs attend Life Skills and Parenting classes, Tiffany joins St. Ann’s staff in providing care for the residents’ children. “Instead of having the kids sit in front of the television, we bring them to the playroom and plan fun, interactive activities for them,” Tiffany explains, “They really come alive and I enjoy it.”



Tiffany knows that her volunteer time is a big help to St. Ann’s young mothers: “The moms are definitely grateful for the volunteers’ help. They always say ‘thank you very much’ when they drop off and pick up their children.”

Tiffany’s role model is her mother, who passed away in 2007. She honors her mother and the lessons she taught her by giving back, “I feel like the best way to carry on her memory is to give a little bit of myself to others.”

TO LEARN HOW YOU CAN BECOME A VOLUNTEER, VISIT:
<http://stanns.org/get-involved/volunteer>

HOPE BLOSSOMS SPONSORS & GUESTS RAISED \$292,000 FOR ST. ANN’S FAMILIES



PRAYER ROOM NAMED TO HONOR SISTER MARY CLEMENT



How You Can Help St. Ann's Center

For 156 years, St. Ann's donors have made it possible for us to deliver life-changing care to vulnerable women and their children. Here are a few ways that you can make a contribution that supports the immediate needs of our families or the long-term sustainability of our programs.

THE POWER OF YOUR GIFT

Monetary donations enable St. Ann's Center to meet the day-to-day cost of caring for vulnerable women and their children. Here are a few ideas of what your gift will make possible:

\$25 ART AND CRAFTS SUPPLIES FOR AN ENRICHMENT CLASS FOR A FAMILY

\$50 1 MONTH OF METRO FARE FOR ONE YOUNG MOTHER TO GET TO/FROM WORK

\$100 A NEW PROFESSIONAL OUTFIT FOR A YOUNG WOMAN STARTING A NEW JOB

\$500 TUTORING TIME AND PREPARATION MATERIALS FOR ONE GED STUDENT

\$1000 A MONTH OF FULL-TIME CARE FOR ONE CHILD IN OUR CHILD CARE CENTER

\$2500 SPONSOR A FAMILY IN HOPE HOUSE OR FAITH HOUSE FOR ONE MONTH

JOIN THE CIRCLE OF ANGELS

Become a member of St. Ann's Circle of Angels by committing to making a monthly contribution. Your recurring donation will enable St. Ann's to provide high-quality care all year long. To learn more about the Circle of Angels, please contact Jeanne Vacante: donations@stanns.org • (301) 559-5500 x115

A GIFT FOR ST. ANN'S FUTURE

PLANNED GIFTS & BEQUESTS

Make a lasting impact on St. Ann's mission by leaving a gift in your will.

It is a simple way to ensure St. Ann's will continue to provide transformational care for mothers and children in years to come.

NAMED ENDOWMENT

Establishing a named endowment provides a perpetual legacy.

Only a portion of the fund is used each year, the balance remains invested.

ST. ANN'S DONOR TRUST

St. Ann's Donor Trust is another way to invest in our mission.

Funds contributed to the Trust are invested and a portion disbursed annually. Trust funds are used to maintain a safe and secure facility and enhance quality programming.

FOR MORE INFORMATION, PLEASE CONTACT:
Beth Fromm, Vice President of Development
beth.fromm@stanns.org • (301) 559-5500 x163

BOARD MEMBER Q&A | TONYA

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If I wake up every day excited to go to work then I know it is exactly what I am supposed to be doing. I really do love my job, and I am fortunate to have been with the same company over two decades. After all of these years I still enjoy the work that I am blessed to do each day.

Always be kind to people because they might forget what you say or what you did but they will never forget how you made them feel. I really try to make everyone feel good and find the positive in every situation.

I can accomplish anything that I set my mind to do. It might not happen right away but I remember hearing one time that dreams do not have deadlines and that is very true.

WHAT IS YOUR FAVORITE PLACE TO VISIT IN WASHINGTON, D.C.?

My favorite place to visit in Washington, D.C. is The White House. I have been blessed to visit many times and each time I enter the doors my heart beats a little quicker.

I remember as a child growing up in North Carolina writing letters to each of the First Families and asking for photos of them at The White House. Every time I received a letter back I would be so excited and I have kept each of them all of these years later.

Now I have my own photos inside The White House and I am reminded that God dreams a bigger dream for us than we can ever dream for ourselves.

TO READ PREVIOUS Q&As WITH BOARD MEMBERS, STAFF AND VOLUNTEERS, PLEASE VISIT: <http://stanns.org/blog>

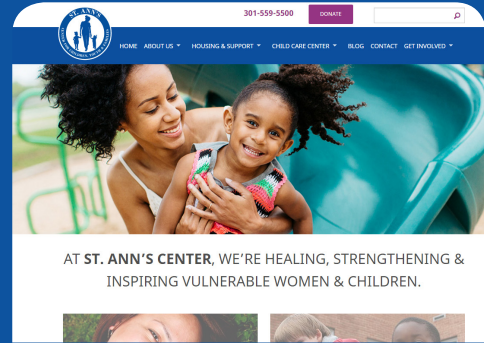
ARE YOU ELIGIBLE FOR AN IRA ROLL-OVER?

If you are age 70 1/2 or older, you may now instruct your IRA custodian to transfer any amount, up to \$100,000, directly to St. Ann's Center for Children, Youth and Families.

By making a direct charitable distribution from your IRA you can fulfill all or part of your minimum required distribution (MDR) without adding to your taxable income. Although your gift does not qualify for a charitable deduction when you itemize, the reduction in taxable income will provide a greater benefit to some taxpayers.

Talk to your IRA custodian today to find out if this type of contribution is right for you.

JOIN ST. ANN'S ONLINE COMMUNITY



OUR WEBSITE

Sign up for email updates, discover new ways to get involved and read our weekly blog.

WWW.STANNS.ORG



TWITTER

Follow us for interesting updates about St. Ann's programs and the issues we care about.

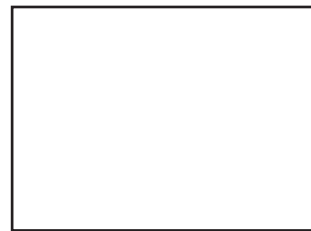
TWITTER.COM/STANNSCENTER



FACEBOOK

Be the first to know about upcoming events and view pictures from around St. Ann's.

FACEBOOK.COM/STANNSCENTER



MARK YOUR CALENDARS

OCTOBER 5TH

FALL CELEBRATION

Join us at CESCO Osteria's
beer garden for a casual
evening with friends.

CESCO Osteria
Bethesda, MD
5:30pm to 7:30pm

OCTOBER 15TH

Seton Guild Tea & Basket Auction

Join the women of St. Ann's
Seton Guild for their annual
Afternoon Tea.

Normandie Farm
Potomac, MD
12pm to 3pm

DECEMBER 3RD

St. Ann's Christmas Open House

Our annual holiday
celebration for all those who
support St. Ann's mission.

St. Ann's Center
Hyattsville, MD
1pm to 3pm

Keep an eye on our website for additional details about these events and registration information:

[HTTP://WWW.STANNS.ORG/EVENTS](http://www.stanns.org/events)