



*A Tradition of Caring*

# New Beginnings

**2022 IMPACT REPORT  
160+ YEARS OF SERVICE**

**St. Ann's Center for Children, Youth and Families**



# Mission, Vision & Values

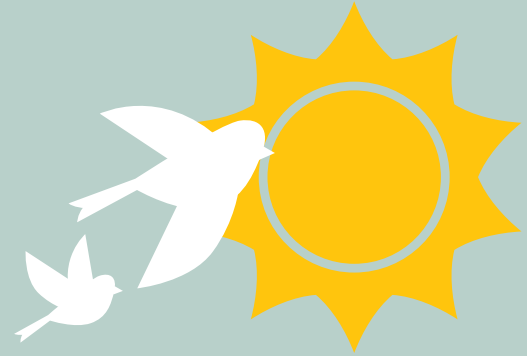
**MISSION:** St. Ann's Center for Children, Youth, and Families strengthens and supports families on their journey toward stability. Inspired by Catholic social teaching and Gospel values, St. Ann's Center provides a nurturing community where families heal from the past, overcome barriers, and take hold of their future.

**VISION:** St. Ann's Center is a leader in innovative services to women, children, and families.

**VALUES:** St. Ann's Center is committed to providing care that is safe, nurturing, healing, empowering, and strength-based, and where all are served with compassion, dignity, and respect.

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## About our Theme

Our theme for this year's Impact Report is **"New Beginnings."** The bold, bright colors and graphics throughout this booklet evoke the hopeful journeys that young families undertake when they begin their time with St. Ann's Center – and the new chapters that begin when they transition to independent and stable homes of their own.

The bird graphics reflect these young families, who often "find their wings" during their time at St. Ann's, and who "take flight" into bold new futures when their stay is complete.

The tree branches represent the stable, supportive "home base" of St. Ann's where families can heal, grow, and launch their new lives. This stable foundation is made possible by generous donors and friends like you!

Lastly, the tree trunk and roots suggest St. Ann's own deep roots and history of serving women and children in our region, continuing the work our founders, the Daughters of Charity, began in 1860.



# Letter from the CEO



Thank you for supporting St. Ann's Center families in FY2022. Because of you, St. Ann's has been a reliable resource for the mothers and children who accomplished so much this year. As the theme of our Impact Report suggests, FY2022 was truly a year of new beginnings.

St. Ann's welcomed new families into our supportive and transitional housing programs – where they began the process of healing, growing, and planning for their futures within our nurturing environment. In total, 30 families (30 moms and 38 children) journeyed with us in FY2022. This includes 4 literal “new beginnings” in the form of healthy babies born to St. Ann's moms this year! What a privilege for our community to play a small role in these joyous occasions.

We also saw new beginnings as mothers embarked on challenging educational and employment endeavors, reaching significant milestones in the process. We are so proud of the graduations, promotions, and transitions these young women have achieved. And we celebrated new beginnings of a different kind, as 8 families transitioned to independent and stable housing of their own.

It takes courage, hope, and trust to make the kinds of journeys our families make. Thank you from the bottom of my heart for supporting their journeys, and for helping create a world in which every mother and her children have the resources they need to live happy, independent lives.

*Sister Mary Bader*

**SISTER MARY BADER, CEO**

# FY2022 Housing Programs

St. Ann's Center operates three supportive housing programs that cater to the needs of mothers and their children seeking safety and stability through St. Ann's – **Grace House**, **Hope House**, and **Faith House**.

## GRACE HOUSE

**Grace House** is the home of our Teen Mother & Baby Program, where St. Ann's staff members support housing-insecure pregnant and parenting young women through their pregnancy and early motherhood in continuing their education, making decisions for their family, and planning for the future.

## HOPE HOUSE

**Hope House** and **Faith House** are the sites of our Supportive Housing Program, which serves local families facing housing instability and crisis. Hope House clients reside in single-family units with shared kitchens and living spaces in St. Ann's main building. Faith House residents live in a standalone building on St. Ann's campus consisting of private, one-bedroom apartments with a shared kitchen and living areas.

Residents across our three programs have access to our comprehensive wrap-around services – see Page 8.

## FAITH HOUSE

FY2022



8 FAMILIES SUCCESSFULLY  
TRANSITIONED FROM ST. ANN'S TO  
STABLE, INDEPENDENT HOUSING



GRACE HOUSE



6 & 8  
Teen Mothers Children



246  
Average Night Stay

30 TOTAL FAMILIES SERVED BY TRANSITIONAL  
AND SUPPORTIVE HOUSING PROGRAMS

HOPE HOUSE



20 & 24  
Mothers Children



263  
Average Night Stay

FAITH HOUSE



4 & 6  
Mothers Children



504  
Average Night Stay



## Alumni Spotlight

### Trezur

My name is Trezur, and I am 24 years old. I have a daughter who just turned three in December. Having my daughter was one of the best decisions I ever made in my life.

I'm a single mom and the oldest of four other siblings. I am the personal

support nurse for my adult brother who has autism. I embrace that role, as I always wanted to be someone who cares for others. From ages 17-21 I was a foster youth. Now I am a Youth Advocate helping foster youth – especially Black youth and

youth who are aging out – so they aren't left behind.

I first came to St. Ann's Center in early 2020, right before I had my daughter. Previously I was in a group home, with six or seven women in one room. When I became pregnant, the Director said, "Let's get you to St. Ann's before you have your baby!" He drove me right over.

There, Ms. Melissa helped me move in to Hope House, in the main building. Once my daughter was born, St. Ann's took really good care of us. The women at St. Ann's are amazing. I want to especially thank Ms. Gayle, Ms. Brenda, Ms. Jackie, Ms. Keisha, Ms. Jeanette, Ms. Nicole, Sister Judy, and of course, Sister Mary.

Even when we moved out, when family didn't want to help, Karen – the physical therapist – got the Knights of Columbus to help me. They even brought furniture to my new place a couple weeks later. St. Ann's really wanted me to have a smooth transition.

Young motherhood is hard. I didn't know how vulnerable I was until I lived in my first apartment – which had a

lot of problems. So, I recently came back to St. Ann's for a second, short stay. That was a challenge, but we saw familiar faces and we got to experience Christmas at St. Ann's.

Places like St. Ann's are hard to find. They have expectations of you – but they want you to have expectations of yourself. They give you time to grow, meet people, and figure out your next steps. Each time at St. Ann's, I had a plan, I communicated my needs, and I used the resources that were offered.

Today I have a career as a medical technician and I am in a great relationship – we are preparing to buy our first townhouse. I have achieved so much in the last three years. My daughter is getting so smart. My next goals are to start her in school, and return to school myself for healthcare administration.

If I don't become a foster mom myself, I want to come back and work at St. Ann's, helping moms and babies. To any new moms out there – being a mother is hard, but you're harder! You've got this.



## Volunteer Spotlight

### Kristen Guy

Few volunteers in the world have a longer commute than Kristen Guy. A native Australian living in Sydney, Kristen makes an annual round trip of nearly 20,000 miles to volunteer with St. Ann's Center each November through February – a tradition she has faithfully maintained for 20+ years.

Kristen first encountered St. Ann's during a U.S. sabbatical in 1998, when she met then-CEO Sister Josephine and was introduced to the mission. "I was greatly moved by the wonderful work St. Ann's was doing, and so I started my journey of coming back to help each year," says Kristen.

Over her many visits since, Kristen has contributed her unique gifts to nearly every area of St. Ann's, including dressing and feeding infants and toddlers and teaching mothers how to relieve their infants with colic using massage techniques. However, Kristen might be most famous for skillfully organizing the gifts and donations delivered each Christmas from donors to St. Ann's families.

"St. Ann's has so many wonderful and generous people who care and help in so many ways by donating in whatever capacity they can, whether it be money, goods, time, prayer, etc.," says Kristen. "Their generosity amazes and inspires me."

Kristen's drive to help others began close to home through her mom and dad, who always coached her, "Never look down on anyone, except if you are bending down and picking them up."

Today Kristen finds her motivation in "The mothers at St. Ann's, who journey from difficulties to healing and hope for the future." Kristen adds, "I am also inspired by St. Ann's wonderful and dedicated staff. Each person, no matter

their role, helps improve life for all who come through these doors."

In two decades of special volunteering memories, one particularly stands out for Kristen: "A child was in the playground standing alone. Another volunteer and I bent down and asked her what was wrong. The girl replied, 'No one likes me because I am different.'

"The other volunteer who knew the child said, 'We are all different and God loves each one of us.' Then she took the child's hand and said, 'Let's go find a friend for you.' With teary eyes the girl said, 'Will God always love me?' We both replied, 'ALWAYS.' And she skipped off and found another child to play with."

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Kristen Guy lives in Sydney, Australia, where she is an Oblate of the Sisters of the Good Samaritan. Kristen holds her Bachelor's and Master's in Education, and previously served as a Teacher and Principal in Australian primary schools. Kristen is a former athlete, competing internationally with Badminton for Australia. She has volunteered at St. Ann's Center since 1998.

# Our Year of New Beginnings

## St. Ann's Center "Young Philanthropist" Receives Honor



One of St. Ann's young philanthropists, Miguel Coppedge, was honored as a Baskin-Robbins'

"Pint Size Hero" for his volunteer work in the D.C. region! Congrats Miguel!

## Donors Help with Back-to-School



Donors provided backpacks stuffed with pencils, notebooks,

and school supplies for our residents and families in the community preparing for Back-to-School.



## Resident Mothers and Children Excel Together

St. Ann's resident Anna\* began her Bachelor's Degree studies - after earning her Associate's Degree in May 2021. Anna's son Darren\* also began fifth grade!



## St. Ann's Alumni Stay Connected

Former resident Shawna\* - who successfully transitioned her family into permanent, stable housing - returned to St. Ann's to enroll her two children in our Child Care Center.



## Child Care Center Begins New Academic Year

Our Child Care Center opened with 58 children across 7 classrooms - including St. Ann's residents and children from the local community, and 4 children who formerly resided with us.



## Volunteers Bring Christmas Cheer



Many individuals and groups helped ensure our families enjoyed a Christmas season filled with decorations, food, gifts, and above all, hope and joy!

## Hope Blossoms at Columbia Country Club



St. Ann's marked our 162nd Anniversary at our annual Hope Blossoms event. John and Judy Ritz received the Mary McGrory Advocacy Award. Steve Heidenberger posthumously received the Michele Heidenberger Volunteer Award.



## First-Time Mom Begins Her First Full-Time Job

Brandi,\* one of St. Ann's younger mothers, completes training and begins full-time employment as a Classroom Teaching Aide in our Child Care Center. Congrats, Brandi!



## Transitioning Into New Career Opportunities

Monique\* - previously a Classroom Teaching Aide - begins professional job-training program through Catholic Charities DC, and secures full-time job with career path and good benefits.



## Achieving Today, Preparing for Tomorrow

Michelle\* secures flexible employment with local grocery store so she can continue her online nursing program. Congrats on your achievements, Michelle!

# Wrap-around & Support Services



## Education and Employment Program

St. Ann's Education and Employment Program (EEP) helps families overcome barriers to academic excellence and workforce success. Personalized roadmaps guide the residents in developing academic and long-term career strategies that set them on their way to financial stability. There are several components to the program, all of which are delivered on-site.



## Employment Counseling

Our career-centered counseling program is a collaborative effort in conjunction with our local partners geared to building the foundation for lifelong independence. Our residents receive one-on-one career counseling, resume writing assistance, job etiquette advice, and job placement assistance.



## Parenting and Life Skills

Through Parenting and Life Skills classes, residents acquire practical knowledge and skills. These classes are taught by staff and volunteers with professional experiences in various fields. Subject areas include financial literacy; maternal and pediatric health; child development; nutrition; self-care; spirituality; parenting; and Street Law, Inc., to name a few.





## On-Site Child Care

One of the biggest obstacles for our mothers in finding employment or going to school is finding affordable childcare. St. Ann's mothers can enroll their children in our affordable, on-site, licensed Child Care Center providing physical, cognitive, emotional, and social development. Knowing their children are safe and in competent hands enables these mothers to focus on achieving their academic and career goals.



## Clinical & Social Work Services

A key component of St. Ann's residential program is the access to onsite wrap-around Clinical and Social Work Services. Our team recognizes that many of our mothers have experienced childhood trauma and encountered multifaceted challenges in their lives. Upon arrival at St. Ann's, a social worker/case manager is assigned to each resident to assist in navigating access to health benefits, child care and other resources. The worker and team then meet with the mothers to create personalized plans designed to address and serve each mother's complex and unique needs.

The St. Ann's Center team creates a comprehensive treatment plan with young mothers and encourages them as they grow. Our Clinical and Social Work Services provide trauma-informed, strength-based, reflective services to the families, both individually and in group settings. These services are designed to help the young mothers heal from traumatic experiences and transition forward toward a better future for their young families.

## COMMUNITY OUTREACH

# 595

Former residents and underserved individuals in the community received much-needed food, children's clothing, baby items, diapers, toys, and other supplies through St. Ann's Community Outreach and material assistance programs.





# Child Care Center

St. Ann's Child Care Center has been offering high quality child care to residents and children from the community for over three decades. Our child care services consist of a full developmental program focusing on social and emotional development.

## Infant and Toddler Program

### AGES 2 MONTHS TO 2 YEARS

Every infant and toddler entrusted to St. Ann's receives individualized care and attention in a loving environment where children can develop and grow at their own pace. St. Ann's Early Head Start Program is available to low-income families with children under the age of 3. This program helps meet the gap in child care for young working families.

## Preschool Program

### AGES 3 TO 4 YEARS

Over their final two years at the Center, children grow in confidence and self-esteem while learning social skills and successfully preparing for Kindergarten.

St. Ann's on-site day care is wonderful since I can have my daughter there while I am working.

HOPE HOUSE RESIDENT

## Child Care Welcomes Resident Families and Families from the Community

Finding affordable child care remains a sizable challenge for working parents in our region. This challenge extends to the young mothers who reside at St. Ann's

Center. By enrolling their children in our affordable, on-site, licensed Child Care Center, moms are free to focus on achieving their academic and career goals – knowing their little ones are in safe and competent hands. In FY22, 13 children of residents were enrolled in our Child Care Center.

**EARLY HEAD START:** Furthermore, 8 children of current or former residents were enrolled in our Early Head Start program for low-income families with children under the age of 3. This enriching program supports physical, cognitive, emotional and social development, to help prepare children for continued growth and success in future learning environments. Early Head Start also supports parents in their role as primary caregivers and teachers of their children.



## 82 TOTAL CHILDREN SERVED

45 Infant & Toddler Program, 37 Preschool Program  
13 Children of Residents served across both programs

## 19 TOTAL CHILDREN ENROLLED IN EARLY HEAD START

8 St. Ann's Residents / Former Residents,  
11 Children from the Community

## CHILD CARE CENTER BENEFITS



Low Teacher-Child Ratio



Indoor and Outdoor Play Areas



Hands-on Science Activities



Computer Fun & Play-Centered Learning



Health and Fitness Activities



Music



Arts and Crafts



Dedicated and Experienced Staff



License #33020



# Ways to Support St. Ann's Center

## IRA Distribution

Over 70? Donors Age 70 ½ or older have a unique way to support charities like St. Ann's Center by transferring a contribution directly from a traditional IRA account. This can satisfy a portion or all of the annual required minimum distribution and serve as a qualified charitable distribution from your IRA. This can decrease your tax burden even if you are no longer itemizing deductions. Ask your IRA custodian to find out if this type of contribution is right for you.



## Workplace Giving

- » Combined Federal Campaign #29344
- » United Way #8180
- » Maryland Charity Campaign #53-0204626

Workplace giving is an easy, affordable, and efficient way to make tax-deductible donations to St. Ann's Center through payroll deductions. Please contact your HR Professional or our Development team at (301) 559-5500 or [donations@stanns.org](mailto:donations@stanns.org) to learn how.



## Estate Planning

When you make a gift as part of your estate plan, you are making an investment in the future of the young mothers with children who turn to St. Ann's Center for help. You can provide long-lasting support and help ensure that St. Ann's work will continue to help strengthen families on their journeys toward stability for years to come. (St. Ann's EIN number: 53-0204626)

## Beneficiary Designation

Please consider making St. Ann's Center the beneficiary of a bank or brokerage account or of a life insurance policy.

## Donation of Stock

By donating stock, you may be able to deduct the full market value and avoid capital gains tax. For more information, please contact Susan Flaherty at [sflaherty@stanns.org](mailto:sflaherty@stanns.org).

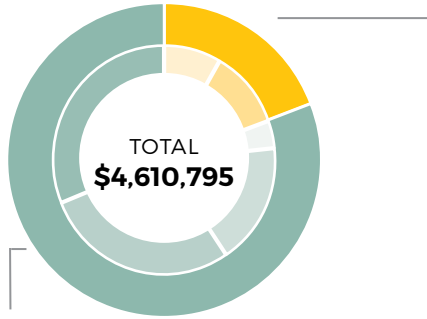
## Circle of Angels

Thank you to St. Ann's Circle of Angels for your ongoing commitment to our mission. Your monthly and quarterly donations have enabled St. Ann's to provide high-quality care all year long.

*Circle of Angels donors are denoted with an asterisk (\*) in the donor section of this report.*

# Financial Statement

## EXPENSES FY2022



**80%**  
PROGRAM SERVICES  
\$3,697,940

**20%**  
SUPPORT SERVICES  
\$912,855

**31%**  
TEEN MOTHER  
& BABY  
PROGRAM  
\$1,425,099

**28%**  
CHILD CARE  
CENTER  
\$1,275,686

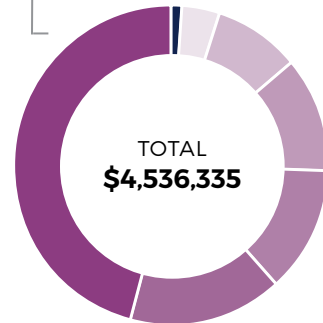
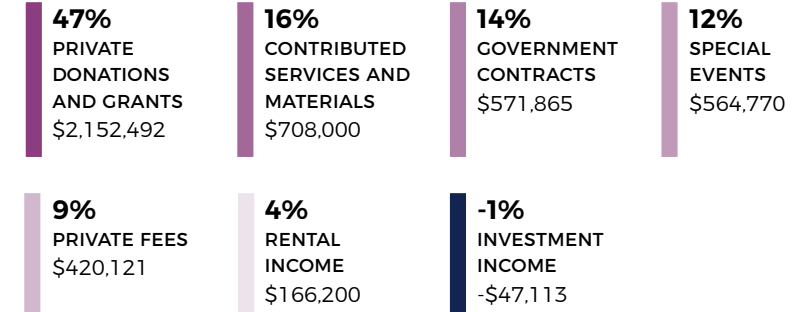
**11%**  
GENERAL &  
ADMINISTRATIVE  
\$529,682

**8%**  
FUNDRAISING  
\$383,173

**17%**  
TRANSITIONAL  
HOUSING  
PROGRAM  
\$797,592

**4%**  
EDUCATION &  
EMPLOYMENT  
\$199,563

## REVENUE FY2022



DONOR TRUST	
Value: 6/30/21	\$10,400,196
Value: 6/30/22	\$9,261,861
FY2022 loss	\$1,138,335



# FY2022 St. Ann's Center Leadership

Our work would not be possible without the dedication of our staff and the stewardship of our Board of Directors.

## Staff Leadership

**Sister Mary Bader, DC**  
Chief Executive Officer

**Karen Gilroy**  
Vice President of  
Finance & Administration

**Amy Rice**  
Vice President of Programs

**Susan Flaherty**  
Vice President of  
Development

**Shaneen Alvarez,  
LCSW-C, LICSW**  
Director, Clinical and  
Social Work Services

**Jeanette Chittams**  
Director, Residential  
Programs

**Louise Cole**  
Director, Human Resources

**Peggy Howard  
Gatewood**  
Administrator of Contracts,  
Licensing & Special Projects

**Monique Harper**  
Director, Child Care Center

## Board of Directors

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**President**

Charles Asmar, Esq.  
**Vice President**

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Michael A. Mitchell  
Joanna Pim  
Margaret (Meg) C. Slovenkay  
Colleen Williams

### EMERITUS

Elaine Baugham-Young  
Mary Lou Kretschmer  
Anne E. Schneiderst†



*A Tradition of Caring*

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in @StAnnsCenter  
EIN 53-0204626



# Save-the-Date!

## Hope Blossoms 2023

COCKTAIL AND AWARDS RECEPTION

### MAY 10, 2023

COLUMBIA COUNTRY CLUB, 6 - 8 PM  
CHEVY CHASE, MD



United Way  
of the National Capital Area  
Proud Partner

UW #8180 | CFC #29344